



Newsletter of the Blue Ribbon Chapter

American Needlepoint Guild, Inc.

Volume 8, Issue 8

August 1, 2024

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Calendar

Saturday, August 3
1:00 - 3:00 pm

Tuesday, August 13
5:30 - 7:00 pm
7:00 - 7:30 pm
7:30 - 8:30 pm

Tuesday, August 27
12:00 – 1:30 pm

Saturday, September 7
1:00 - 3:00 pm

Tuesday, September 10
5:30 - 7:00 pm
6:45 - 7:30 pm
7:30 - 8:30 pm

Tuesday, September 24
12:00 – 1:30 pm

Saturday, October 5
1:00 - 3:00 pm

Saturday, October 12
1:00 - 1:30 pm
1:30 - 2:00 pm
2:00 - 4:00 pm

Tuesday, October 22
12:00 – 1:30 pm

Saturday, November 2
1:00 - 3:00 pm

Tuesday, November 12
5:30 - 7:00 pm
7:00 - 7:30 pm
7:30 - 8:30 pm

Tuesday, November 26
12:00 – 1:30 pm

Stitch-In-Public – Cedar Rapids Public Library, 450 Fifth Avenue SE, Cedar Rapids

Monthly meeting – Knights of Columbus and Skype
Log in to Skype (6:00 pm); social/stitching time
Business meeting
Study topic – Hardanger Star

Lunch at Granite City, 4755 1st Ave SE, Cedar Rapids

Stitch-In-Public – Cedar Rapids Public Library, 450 Fifth Avenue SE, Cedar Rapids

Monthly meeting – Knights of Columbus and Skype
Log in to Skype (6:00 pm); social/stitching time
Board meeting and chapter business meeting
Study topic – Hardanger Star

Lunch at Granite City, 4755 1st Ave SE, Cedar Rapids

Stitch-In-Public – Cedar Rapids Public Library, 450 Fifth Avenue SE, Cedar Rapids

Monthly meeting – North Liberty Library and Skype
Social/stitching time; log in to Skype
Chapter business meeting
Study topic – Chicken Scratch

Lunch at Granite City, 4755 1st Ave SE, Cedar Rapids

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Lunch at Granite City, 4755 1st Ave SE, Cedar Rapids

Visit the Blue Ribbon Chapter website at <https://www.blueribbonang.com>

Facebook page – <https://www.facebook.com/Blue-Ribbon-ANG-102362961642607>



Blue Ribbon ANG Chapter Meeting Minutes, July 13, 2024

- President Robin Rossignol called the meeting to order at 1:34pm at the North Liberty Community Library and over Skype; Cindy conducted the meeting.
- Members Present:
 - Robin Rossignol, Kareen Strumpel, Cindy Baldwin, Shanel Slater, Joyce Pencook, Becky Maurer, Jamee Klein
- New officer slate
 - President: Heidi Parker
 - President Elect: Cindy Baldwin
 - Secretary: Shanel Slater
 - Treasurer: Jamee Klein
 - VP Membership: Connie Rosene
 - No objections, slate approved.
- Reports:
 - Minutes from June meeting archived as published.
 - Membership: No new members
 - Treasurer's Report: Heidi sent the treasurer's report via email. The balance was \$1,843.92 at the beginning of June and \$1,415.51 at the end of June.
- Announcements
 - National Czech & Slovak Museum & Library
 - Joyce has contacted them about hosting a program, she is waiting for them to reach out to her. She is also investigating the possibility of a Girl Scouts education program.
 - Stitch in Publics
 - CRPL: The Ren Faire will take place 10am-1pm at the Cedar Rapids Public Library downtown. Shanel will be there in the beginning doing live demonstrations, displaying stitching books, and handing out membership information. Joyce may come.
 - Cedar Valley Memories Steam Power and Pioneer Life Show: Ruth Topp is inviting members to do a stitch in public in Osage for this show. Check the July newsletter for details or reach out to Ruth Topp if interested.

Since there was no other chapter business, the meeting was adjourned at 1:48pm.

- Program: There was a program for Hardanger Stars

The next meeting will be held on Tuesday, August 13th from 5:30pm-8:30pm on Skype and at the Knights of Columbus.

Respectfully submitted,

Shanel Wermerskirchen Slater

The Blue Ribbon Chapter of American Needlepoint Guild, Inc. (ANG), invites interested individuals, regardless of expertise, into membership. Dues are \$20 per year payable to the Chapter. You must be a current ANG member to belong to the Chapter. ANG membership information can be found at <http://www.needlepoint.org/membership.php>.

Guests and visitors are welcomed.

Meetings are held the 2nd Tuesday of every month (except May, July, and October) starting with a social time at 5:30 pm, with the formal meeting starting at 7:00 pm. These meetings are held at the Knights of Columbus, 1620 E Avenue NE, Cedar Rapids, IA and on Skype. Meetings in December, January, and February will be held on Skype only, starting with Skype login/social time at 6:30 pm, with the formal meeting starting at 7:00 pm.

Meetings in May, July, and October are held on the 2nd Saturday of the month starting with social time at 1:00 pm and the formal meeting beginning at 1:30 pm. The Saturday meetings are held at the North Liberty Public Library, 520 W. Cherry St, North Liberty, IA and on Skype.

Board meetings will be held in September, December, March, and June.

The Blue Ribbon ANG Newsletter is published monthly. Deadline for submission of items is the 20th day of each month.

Newsletter Editor: Cindy Baldwin cabaldwin1828@gmail.com

2024-2025 Officers

Past President Robin Rossignol (robin-ann-rossignol@uiowa.edu)

President Heidi Parker (handparker@gmail.com)

President Elect Cindy Baldwin (cabaldwin1828@gmail.com)

VP-Membership Connie Rosene (connie.rosen89@gmail.com)

Secretary Shanel Slater (shanel.slater@gmail.com)

Treasurer Jamee Klein (jameek34@gmail.com)

Chapter website: <https://www.blueribbonang.com/>

Nametag

Please remember to wear your nametags at meetings and when we are stitching in public.

Blue Ribbon ANG Website

Our website (<https://www.blueribbonang.com/>) has a Members Only page. When you go to the website, you'll see a Log In button to the right of ANG. Click on that and follow the instructions. Cindy Baldwin must approve access. Once you are approved, the last page on the website is Members. Click on that to add information about yourself.

Hover over Members and you'll see Files. You'll see several folders, including Study Topics. Patterns and information for past study topics are saved here. Anyone can create folders and add files. If you have questions, ask Cindy.

August Study Topic – Hardanger Star

Second lesson on Hardanger Star.

Future Study Topics

- September – Hardanger Star and State Fair recap
- October and November – Chicken Scratch

Cedar Valley Memories Steam Power and Pioneer Life Show

Ruth Topp has passed on another opportunity to display our needlework and demonstrate at the Cedar Valley Memories Steam Power and Pioneer Life show, August 10-11, in Osage. From Ruth's email:

"I've been asked to display and demonstrate needlework at the Cedar Valley Memories Steam Power and Pioneer Life show on August 10 & 11 in Osage, Iowa. I told Elijah that I'd invite my needlework friends to join me one or both days. You can display any of your needlework (or any other craft you have), sit and stitch, answer questions, and teach interested kids/adults. I'm not set up to teach, but it certainly is an option. You will have a table (5-6 feet) available for display and the lighting is pretty good for stitching.

I have been attending this show and demonstrating/displaying my needlework for 10+ years. The craft demonstration building is air conditioned and secured overnight. This building also includes several displays of historical Mitchell county farming information, and is near most of the food vendors, and entertainment. It also has the only indoor restrooms on the grounds. The foot traffic is good, but sometimes the hands need to be reminded not to touch. Things I've seen demonstrated over the years includes: basket weaving, hand quilting, flower pounding, embroidery, spinning, rug hooking, knitting, crocheting, etc.

I know it's quite a distance to travel, but I will also offer my home for anyone who wants to stay overnight. I have a sleeper sofa and plenty of floor space in my basement (with a separate bath/shower) where I can keep Rusty from invading. I live an hour from Osage. There is also a public campground across the highway and camping located on the show grounds. I'm not sure what other local accommodations are available.

The Stitchery Nook and Debbie's Quilt shop are located in Osage, so you can visit them on Saturday as well.

The busier day is Saturday. I usually set up on Saturday morning about 10 am. The building closes about 4 pm on Saturday and re-opens again about 10 am on Sunday. Sunday, we start packing up anytime after 3 as things slow down. You can come and go as you please or stay for the entire time.

Here is a link to the show information. Mitchell County Historical Society - Cedar Valley Memories
<https://www.mitchellcountyhistoricalsociety.org/cedar-valley-memories>"

Blogs

- Stitch Tutorial: Easy Scalloped Beaded Edge <https://www.needlenthread.com/2024/07/stitch-tutorial-easy-scalloped-beaded-edge.html>
- Tutorial: Sampler Motif Needle Minders with a Beaded Edge <https://www.jessicagrimm.com/blog/tutorial-sampler-motif-needle-minders-with-a-beaded-edge>

Interesting Needlework and Related Info on the Internet

- Seven of the best textile art magazines <https://www.textileartist.org/the-best-textile-art-magazines/>
- From fashion historian Bernadette Banner - 18th century embroidery is NO JOKE. (Trust me, we tried it.) <https://www.youtube.com/watch?v=GGJbP-NeJWc> and Bernadette Banner Regency Floral Embroidery Kit https://www.handembroideryshop.com/products/bernadette-banner-kit?mc_cid=813e2aeb7&mc_eid=e889efe331

- She stitches mini rugs inside a Berkeley textile museum <https://www.berkeleyside.org/2024/07/05/toby-st-john-lacis-museum-of-lace-and-textiles>
- Lacis Museum of Lace and Textiles <https://www.lacismuseum.org/> Be sure to check out Recent Exhibits.
- 50 Embroidery Enthusiasts That Deserved To Be Applauded For Their Art Online <https://www.boredpanda.com/beautiful-creative-embroidery-pics/>
- Darrell Lovett's embroidered wizardry <https://rochesterbeacon.com/2024/07/19/darrell-lovetts-embroidered-wizardry/>
- The Best Portable lighting for Needlepointing On The Go <https://islandhouseneedlepoint.com/how-tos/the-best-lighting-for-needlepointing-on-the-go/>

Editor's Note

Items included in the newsletter are ones that catch my attention in which I think the membership might be interested. I'm also happy to include news items or suggestions you send me, so please feel free to send things to me for inclusion in the next newsletter.

Cindy

Library

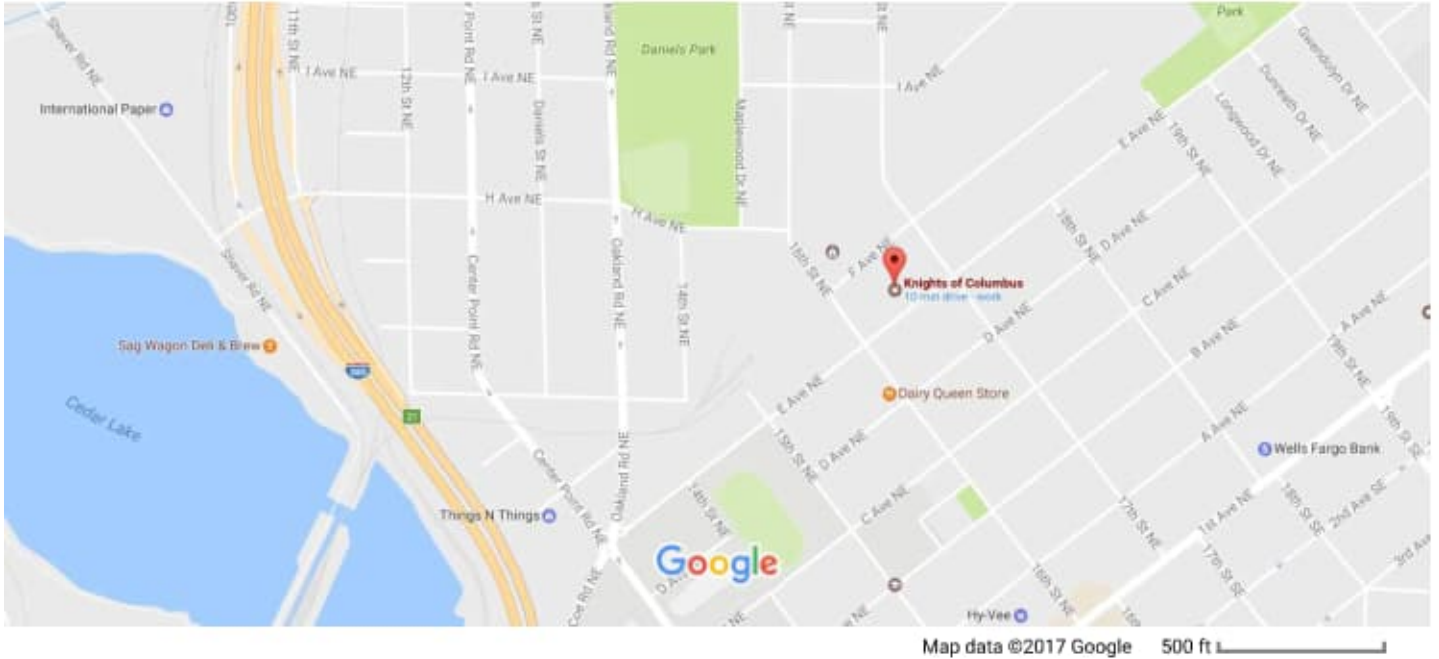
The updated library list is below. Robin has the books and will bring them to meetings as appropriate or requested. The list is also saved to the Blue Ribbon website.

Title	Author Name	Description
Anchor Book of Canvaswork Embroidery Stitches	Anchor	Canvaswork
Anchor Book of Counted Thread Embroidery Stitches	Anchor	Counted thread
Anchor Book of Crewelwork Embroidery Stitches	Anchor	Crewelwork
Anchor Book of Free-Style Embroidery Stitches	Anchor	Free style
Anchor Book of Hardanger Embroidery Stitches	Anchor	Hardanger
Anchor Book of Ribbon Embroidery Stitches	Anchor	Ribbon
Anchor Color Card	Anchor	Design
Anchor Manual of Needlework	Anchor	General needlework
A-Z of Embroidery Stitches	Country Bumpkin Publications	Stitches
Beautiful Bargello	Petschek, Joyce	Bargello
Elegant Stitches	Montano, Judith Baker	Crazy quilting
Father B's 21 st Century Book of Stitches	Blackburn, Jr., The Rev. Robert E.	Stitches
Finishing and Mounting Your Needlepoint Piece	Ireys, Katharine	Finishing
Floral Stitches	Montano, Judith Baker	Crazy quilting
Learn How Book: Knitting, Crochet, Tatting, Embroidery	Coats & Clark	General needlework
Needlepoint Bargello	Kaestner, Dorothy	Bargello
Ribbon Basics	Hiney, Mary Jo; Anckner, Joy	Ribbon
Stitch Sampler	Ganderton, Lucinda	Stitches
The Complete Encyclopedia of Stitchery	Ryan, Mildred Graves	General needlework
The Complete International Book of Embroidery	Gostelow, Mary	General needlework
The Dictionary of Needlework	Caulfield, Sophia Frances Anne; Saward, Blanche	General needlework
The Needlepoint Book	Ipplito Christensen, Jo	Needlepoint
The Open Canvas	Ambuter, Carolyn	General needlework
The Thread Thesaurus	Caswell, Ann; Howren, Suzanne; Robertson, Beth	General needlework
Woman's Day Book of American Needlework	Lane, Rose Wilder	General needlework

Directions to Knights of Columbus Hall

1620 E Avenue NE, Cedar Rapids, IA

From I380, take the H Avenue exit. Turn onto H Ave NE. Turn right onto 16th St NE. Turn left onto E Ave NE. The Knights of Columbus Hall is on the left.

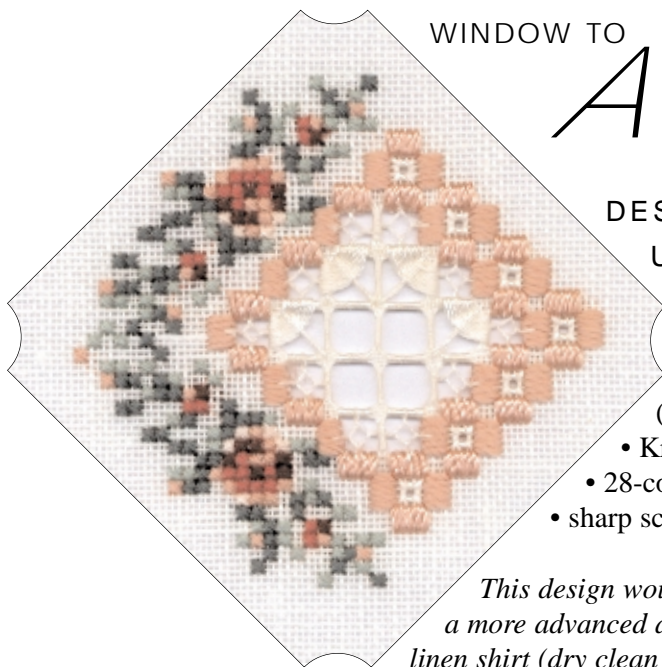


Directions to North Liberty Public Library

520 W. Cherry St, North Liberty, IA

From I380, take the Penn St exit. Go east on Penn St. Turn right on Highway 965 NE. Turn left on Cherry St. The library entrance is on the west side of the building.





WINDOW TO

A Garden in Silk

DESIGNED BY DEBRA VANOVERLOOP
USING KREINIK SILK MORI AND SILK SERICA


Materials needed:

- Kreinik Silk Mori 1092, 1105, 1107, 3011, 4163, 4166, 8000 (one 2.5m skein of each)
- Kreinik Silk Serica 1092 and 8000
- 28-count white linen
- sharp scissors for the cut areas

This design would look lovely made into a sachet bag as a gift or for yourself. For a more advanced application, stitch this design on the pocket of a purchased white linen shirt (dry clean only).

Instructions:

NOTE: This design is stitched over two threads on linen, so each square on the chart equals two fabric threads.

1. Work all cross stitches according to the color key using two strands of Silk Mori. Separate the strands of Silk Mori by removing the paper wrapper and loosening the slip knot holding the thread ends together. Cut a 15-inch length and remove one ply at a time, straightening the thread after each ply has been removed.
2. Work all Kloster Blocks using Silk Serica 1092 Lightest Wood Violet. Use it straight off the reel, as a 3-ply twisted filament silk. Lay each stitch carefully, letting your needle dangle after each stitch to let the thread relax. Apply a slight countertwist to your needle as you stitch if you notice the thread becoming untwisted or too tightly twisted.
3. Separate Silk Serica 8000 Soft White into three strands by cutting a 15-inch length and applying a countertwist to separate the thread. (Do not separate the three strands any further.) Stitch the Eyelet stitches in the areas on the right side of the diamond using one strand of this Silk Serica 8000. You may wish to moisturize your fingers with a non-greasy hand cream to keep the filament silk from snagging on rough spots.
4. Now cut and remove the fabric threads in all the areas marked with a dotted red line on the inside of the diamond along the edges of the Kloster Blocks. Be very careful not to cut any more than the specified threads. *(If this is your first time, we recommend contacting the staff at your local needlework store for assistance with cutting thread in Hardanger.)*
5. Using one strand of your separated Silk Serica 8000, wrap all the bars in the center of the diamond area. Make sure the threads lie neatly.
6. With one strand of Silk Mori 8000, work the Dove's Eyes in the areas marked by a .
7. After all the above stitching has been completed, use one strand of Silk Mori 8000 Soft White to work the Twisted Bar and Needleweaving in the four areas that resemble spider webs.

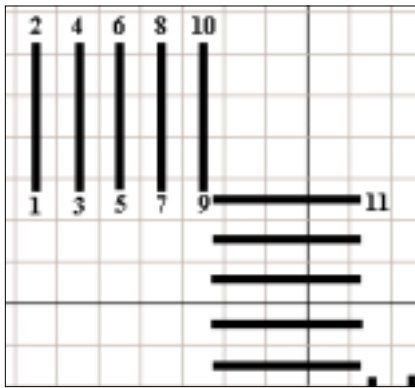
Color Key:

- Silk Mori 1092 Lightest Wood Violet
- + Silk Mori 1105 Medium Dark Mauve
- Silk Mori 1107 Very Dark Mauve
- ◻ Silk Mori 3011 Very Pale Coral
- 3 Silk Mori 4163 Light Victorian Green
- × Silk Mori 4166 Dark Victorian Green

Finished size on 28-count is 2 5/8" wide by 2 5/8" high. Design size is 39w by 38h.

For tips and information on using Kreinik silk threads, visit the Silk Serica and Silk Mori pages on www.kreinik.com, or call our Consumer Info line at 1-800-537-2166. You may also wish to call us at that toll-free number to find a shop near you that carries these silk threads, or contact the mail order source Nordic Needle at 1-800-433-4321.

Stitch diagrams:



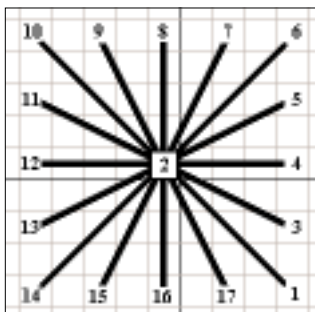
• **Kloster Blocks (above):** Come up at 1, down at 2, up at 3, down at 4, up at 5, down at 6, up at 7, down at 8, up at 9, down at 10, up at 9 again and down at 11. Continue in this manner around the entire designer. Watch your tension that you don't pull too tightly making holes begin to show in the fabric.



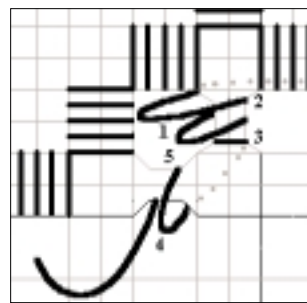
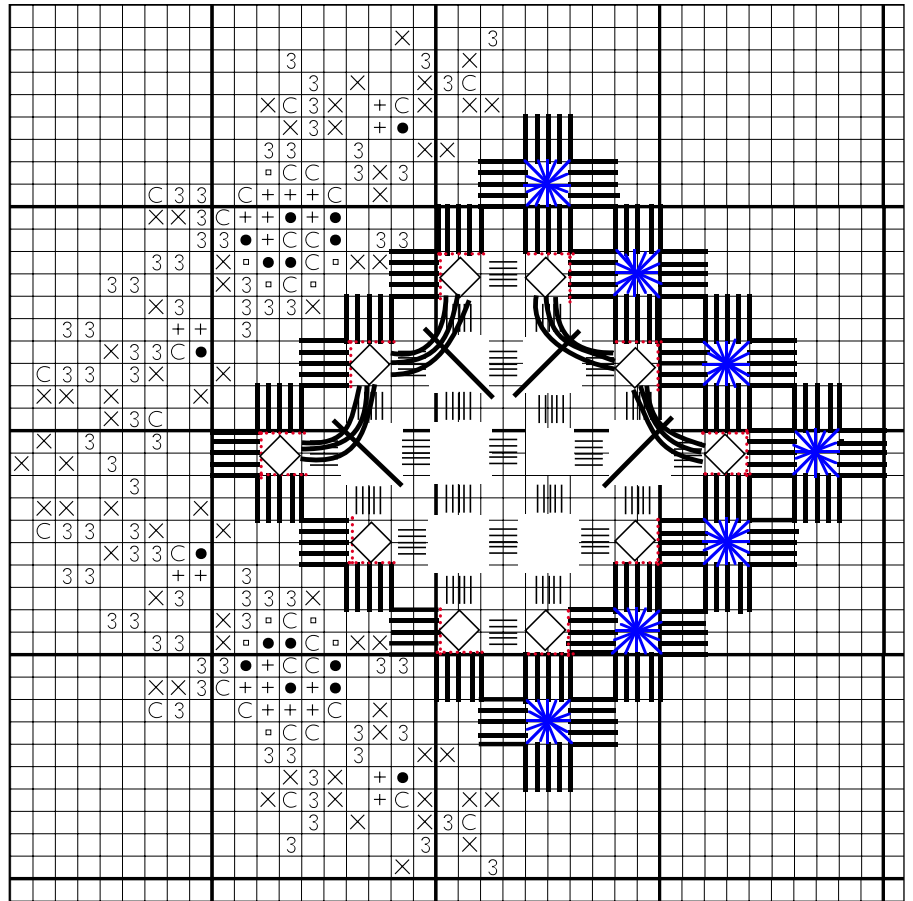
• **Dove's Eye:**

Secure the working thread behind the block nearest point 1. It's important that ALL four sides of the Dove's Eye cross exactly the same. Weaving in a clockwise direction, come out into the

center of the open area (1) and over the top of the wrapped bar and back up in the center of the open area, making sure that the working thread is under the tip of the needle (2). Work the next bar the same way (3) and continue to the third side piercing the block in the center and coming out in the open area again (4). To finish the last stitch of the Dove's Eye, you will need to bring the tip of the needle under the first leg and then pierce the block at point 5. Finish by running the thread under the back of the blocks and move on to the next Dove's Eye.

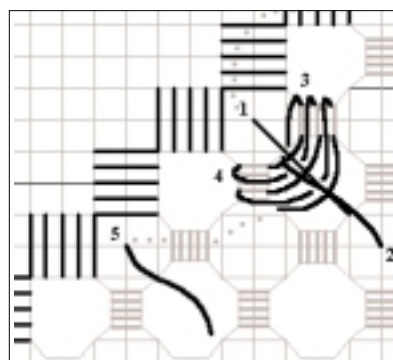


• **Eyelet:** Come up at 1, down at 2, up at 3, down at 2, up at 5, down at 2, etc. Continue around the rest of the stitch. Each time you bring the thread up through the fabric, give the thread a slight tug to help in opening the center hole.



• **Wrapped Bars:** Secure working thread under blocks and come up in open area at 1. Wrap thread around fibers at 2, then under the fibers and out at 1 again, pulling thread snug as you wrap, pulling the fibers together. Continue wrapping until you have wrapped the

entire side. Bring the working thread to the backside at 3 and out at point 4. Begin wrapping the next side by going down at 5 and coming back out at 4. Continue in this manner until all the sides are wrapped in the design. It's important if your thread is getting short try to end near a block and start a new thread.



• **Twisted Bar & needleweaving:** Weave thread under blocks and through fabric at 1. Go down through center opening and then up at 2. Wrap thread around the 1-2 stitch twice and then go under the 1-2 stitch and under the bar and out at 3. Begin

weaving back and forth from 3 to 4 until bars are filled. The threads need to lay next to each other neatly.